

**GOVT. DIGVIJAY AUTONOMOUS P.G. COLLEGE,  
RAJNANDGAON (C.G.)**

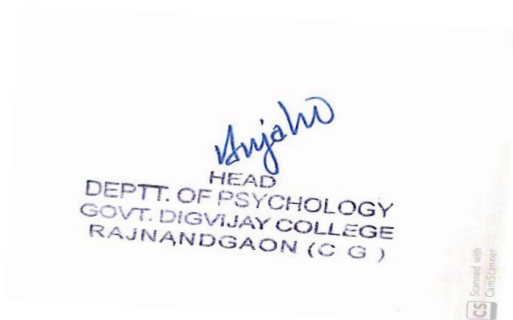


**TEACHING PLAN**

**DEPARTMENT OF PSYCHOLOGY**

**2023-24**

# **GOVT.DIGVIJAY AUTONOMOUS P.G. COLLEGE RAJNANGAON (C.G)**



## **DEPARTMENT OF PSYCHOLOGY**

**SYLLABUS : 2023-24**

**Teaching Plan**

**B.A. –Part (I,II,III)**

## BA 1<sup>st</sup> semester

### TEACHING PLAN

#### BASIC PSYCHOLOGICAL PROCESSES

##### MONTH OF JULY

**UNIT-1** introduction : Nature .goal and concept of Psychology, scope of psychology methods: experimental , observational ,interview, questionnaire, and case study.

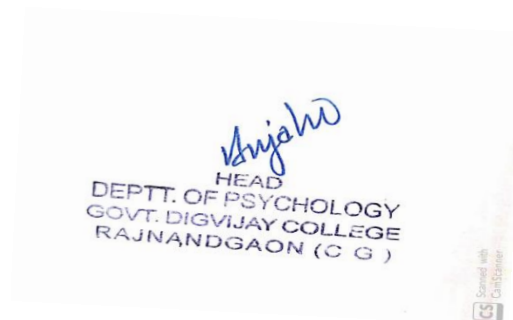
**UNIT-2** biological basis of behavior ; genes and behavior , the nervous system: the central nervous system (C.N.S), the autonomic nervous system(A.N.S) And the peripheral nervous system (P.N.S), Glands and hormones.

##### MONTH OF AUGUST

**UNIT-3** Nature and Types of Sensation ; Attention Processes: Definition, Types and Determinants. Perception Nature, Types and determinants, Principles of Perceptual Organization

##### MONTH OF SEPTEMBER

**UNIT-4** learning and memory: classical and operant conditioning basic processes :verbal and observational learning; memory :sensory(S.M) short term (S..T.M.) And long term (L.T.M); Forgetting: process and theories.



**B.A 2<sup>nd</sup> Semester**  
**TEACHING PLAN**  
**PAPER-2**  
**PSYCHOPATHOLOGY**

**Month of February**

**UNIT-1** Introduction: the concept of Normality and Abnormality; Models of psychopathology psychodynamic, behavioral and cognitive

**Month of March**

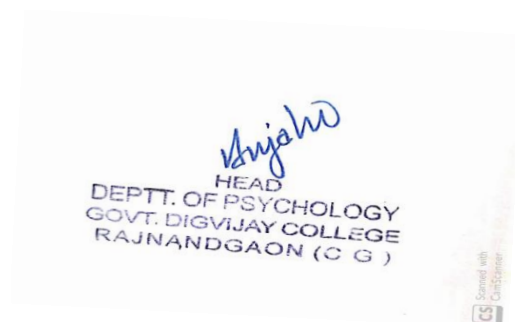
**UNIT-2** Assessment of psychopathology; Diagnostic tests, Rating Scales ,Clinical Interview, and Projective Tests.

**Month of March**

**UNIT-3** Anxiety Disorders: panic disorder, phobias, obsessive compulsive disorder (OCD) and Generalized Anxiety disorder(GAD)

**Month of April**

**UNIT-4** Mood disorder: manic depressive Episode and Dysthemia; personality disorder: paranoid, schizoid, and dependent personality disorder, dissociative disorder and obesity



**B.A III<sup>rd</sup> Semester**  
**TEACHING PLAN**  
**SOCIAL PSYCHOLOGY**

**MONTH OF AUGUST**

**UNIT 1 Introduction**

- 1.1 Definition and the nature of social psychology
- 1.2 method of social psychology sociometry and Focus group discussion
- 1.3 Application of social psychology environment inter group conflicts sales and gender issue influence of social media

**MONTH OF SEPTEMBER**

**Unit 2 Social cognition and attitudes**

- 2.1 Social combination and information processing schemas stereo tips and cognitive strategies
- 2.2 Perceiving self and other self concept and self esteem impression formation impression management
- 2.3 Attitude nature and measurement attitude change.

**MONTH OF OCTOBER**

**Unit 3 Effective process in social context:**

- 3.1 Social effect concept of guilt Sharma in gratitude for getting compassion),
- 3.2 Pro social behaviour
- 3.3 Aggression and social violence
- 3.4 Inter personal attraction

**MONTH OF NOVEMBER**

**Unit 4 Group process and collective behaviour:**

- 4.1 Group nature and group formation
- 4.2 Group and performance social facilitation social loafing and social conformity
- 4.3 Leadership qualities of leaders types of leadership democratic ,autocratic, laissez- faire and nurturant task leader
- 4.4 Collective behaviour: crowd

**B.A IV<sup>th</sup> Semester**  
**TEACHING PLAN**  
**PSYCHOLOGICAL ASSESSMENT**

**Month of February**

Unit 1 Introduction to psychological assessment

1.1 psychological assessment principle of assessment nature and purpose similarity and difference between test and assessment

1.2 types of assessment observation interview, scales and test

1.3 psychological assessment in multi cultural context

1.4 ethical and professional issues and challenges.

**Month of February**

Unit 2 Psychological testing

2.1 definition of a test , types of test

2.2 characteristics of a good test

2.3 application of psychological test in various contexts (educational ,counselling and guidance, clinical, organisation etc.)

**Month of March**

Unit 3 Test and scale construction

3.1 Test construction and standardization :item analysis reliability, validity and norms (characteristics of Z- score, T- score ,percentiles, steps and stanines)

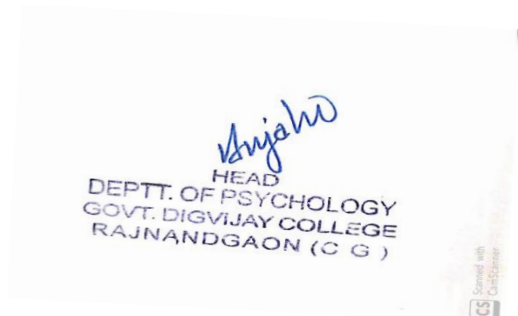
3.2 scale construction :likert ,Thurston, gottman & semantic differential

**Month of April**

Unit 4 4.1 Test of cognitive ability and personality test of cognitive ability general mental ability test ,(The wechsler scales of intelligence & culture fair intelligence test.) aptitude test/ batteries differential aptitude tests)

4.2 Test of personality: inventory ( big five personality inventory mmpi etc.) , projective test like Rorschach ( a brief introduction), semi projective test sentence completion test.

4.3 Future direction in psychological assessment: computer assisted assessment, virtual reality and psychological assessment.



**B.A-3<sup>rd</sup> year**  
**TEACHING PLAN**  
**PAPER-1**

**NAME OF THE PAPER- PSYCHOLOGICAL STATISTICS**

**MONTH OF JULY**

**UNIT-1** statistics: meaning and application in psychology, nature of score, categorical and continuous variables, frequency distribution, graphic representation of data..

**UNIT-2** Measurement of central Tendency-mean ,median and mode of group and ungroup data, Measures of variability: range ,S.D.,Q.D.,AD., applications of measures of central tendency and variability.

**MONTH OF AUGUST**

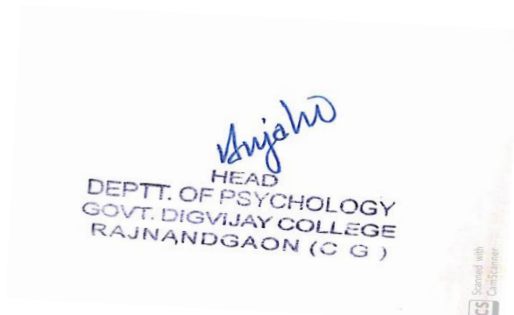
**UNIT-3** Nature and characteristics of normal probability curve: concept of skewness and kurtosis, correlation; concept, types and methods- rank different and product moment , biserial and tetrachoric coefficient.

**MONTH OF SEPTEMBER**

**UNIT-4** Inferential statistics: concept of null hypothesis, level of significance, type 1 error and type 2 error, t-test (uncorrelated data)

**MONTH OF OCTOBER**

**UNIT-5** Distribution free statistics: chi-square, median and sign test, applications of computer in psychology statistics.





**B.A.- 3<sup>rd</sup> year**  
**TEACHING PLAN**  
**PAPER-2**

**NAME OF THE PAPER- HUMAN DEVELOPMENT**

**MONTH OF NOVEMBER**

**UNIT-1** concept of human development, theories of human development: psychoanalytical and maslow , determinants of human development- biological, social, cultural factors. Approaches to study human development: longitudinal and cross-sectional.

**MONTH OF DECEMBER**

**UNIT-2** socialisation: role of family, peers and school, media and socialization, ecological factors in human development , cognitive development: theoretical perspectives piaget, information processing, vyogotsky.

**MONTH OF JANUARY**

**UNIT-3** Self and identity: Emergence of self , development of personal identity, identity crises, physical and sexual maturation , sequential development of emotion..

**UNIT-4** Development of morality and self concept, development of gender differences and gender roles. Role of marriage, family and occupation in human development.

**MONTH OF FEBUARY**

**UNIT-5** Problems of aging- cognitive, conative, affective, developmental disabilities.

